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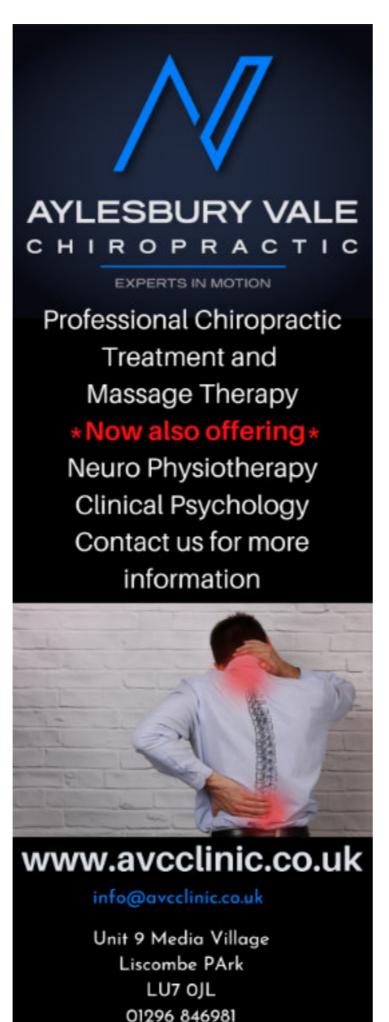
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ecember 25th this year is not only Christmas Day, but is also the day on which the Jewish festival of Hanukkah starts, so it is a very special day for many.

In this issue of What's On, readers will find details of a happy selection of carol and other concerts, Christmas feasts and trade specialists able to come to your rescue when needed.

On page 37 is yet another quarter page of news from Wing Bowls Club, who now send us something each month. We don't charge anything for a quarter page of club or society news - so please send us your input and you may well increase membership as a result.

Seasonal good wishes to all our readers from the What's On team.



The current month's issue of What's On in Wing can always be found online at: whatsoninwing.info

Comments, criticisms and feedback are welcome. Contact us at: editorial@whatsoninwing.info

#### **DEADLINES**

If you are an occasional advertiser with WOiW, or are intending to advertise with us, please note that you must now book your advertising space no later than NOON on 5th of the month before publication (contact Jacqui at advertising@whatsoninwing.info). Space will then be held for you. The absolute deadline for receiving advertising material and editorial content is NOON on 15th of the month preceding publication.

What's On In Wing is published by What's On Publishing CIC, registered number 14178082

## Quick crossword

#### Across

1 Item of hosiery (4) 3 Morning-after malaise (8)

9 Crackbrained (7)

10 Lubricated (5)

11 Buffoon (5)

12 Bravery (6) 14 Evening meal (6)

16 Mother superior (6)

19 Picnic basket (6) 21 Biblical measure (5)

24 Cicero's language (5)

25 Largest of the planets (7)

26 Horse-riding event (8) 27 Elegantly stylish (4)

#### Down

1 Item of luggage (8) 2 One of the Marx Brothers

4 Recess (6)

5 Menacing animal sound (5) 6 Carrion-eating bird (7)

7 Unmannerly (4)

8 Instantly (2,4)

13 Intelligible only to the initiated (8)

15 Apparition (7)

17 Arm muscles (6)

18 Citizen of Troy (6)

20 Nip (5)

22 Female dog (5)

23 Paving slab (4)



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## From the Team Rector



"There will be signs in the sun, the moon, and the stars, and on the earth distress among nations confused by the roaring of the sea and the waves.' Luke 21:25

The season of Advent starts on 1st December and is the beginning of the church year. From this moment we locked into an incredible journey. Through Advent priests wear purple, the colour worn at funerals. Some churches remove their flowers. All over the world Christians join together with a new series of readings from the Bible, which are different from the previous year. To begin with, some of the these readings, from both the Old and New Testaments, are full of tragedy, ominous prophesies, and signs in the heavens. Some of these readings come from a time in history when the people of God, the Israelites, were forced into exile away from their homeland. Advent is a time when we remember both those who are suffering or displaced now, and, that tragedy and loss are part of all our lives. But out of Advent despair comes stirrings of faith. Maybe there is hope in the world! Maybe God will intervene in history. Maybe there will

At the end of Advent is Christmas. One of my favourite carols recalls how the whole of history pivots on the Christmas night when Christians believe that the Son of God entered into our World.

"The hopes and fears of all the years are met in thee tonight" (O Little Town of Bethlehem)

The birth of Jesus in Bethlehem marked the beginning of the salvation of the whole universe. God did not leave us alone in this world but became one of us and, through Jesus, has identified with everything that is good but also everything that is terrible that we experience. In time all suffering and pain will be put right and the world will be redeemed. But the story is not finished yet and we continue to live with the tension of tragedy and

	December Services											
1	1 1100 Holy Communion											
8	1100	Morning Prayer										
15	0830 1100	BCP Holy Communion Carol Service										
22	1100	Holy Communion										
24	1600 2300	Christingle Holy Communion										
25	1100	Holy Communion										
29	1030	No Service at Wing. Benefice service at St Giles, Cheddington										

joy. Christmas is when we remember that joy, goodness and love will win in the end. As we approach Christmas most of us can't wait to get the decorations up and begin the festivities. In Church on Christmas Day, the flowers return, the purple of mourning is finally exchanged for gold or white, the colour of weddings and of pure celebration. Merry Christmas!

"Now when these things begin to take place, stand up and raise your heads, because your redemption is drawing near" Luke 21:28

Revd Dom Wright





Do you have disposal plans for your tree once the festivities are over?

Look no further, Libby, Jack & Charlie can collect your tree to be recycled.

Collections will take place starting,

Saturday 4th January 2025 £5 per tree

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This year all proceeds will be going towards Flarence Nightingale Hospice, an amazing charity that has been a huge support to our family in recent months.





#### The Wilkes Alms Charity

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Property is a one-bedroom terraced cottage, which has recently been fully refurbished and is located close to the town centre of Leighton Buzzard, Bedfordshire.

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Interested individuals are kindly requested to register their interest by sending an email to the Estates Officer at the provided address carates@wilkes-alms.org.uk or calling 07588 335970.

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**Solution** p38



It's now coming up to mid-November as I sit down to write this. Often at first its difficult to know what to write about as there is so little going on in winter. Then at the last moment something always

We have had only a couple of light snowfalls as of yet, though as I look out of the window it is trying now. Roughly 10cm fell last weekend. However with unseasonably high temperatures it soon disappeared and yesterday it was a balmy 17°C. The UK has had its wettest year on record, Spain has had a Dana putting an end to a seven year drought in the south with a year's rainfall in eight hours. Many of the Arab countries and desert areas have had floods and hail storms. We have to think hard about global

All this has a drastic affect on nature whether its fauna or flora,. Plants flower out of place and migration patterns of birds, animals and insects are all disrupted and affect populations no matter what country you look at. As much as we may not think so, as well as being part of nature we are the main instigators of these changing weather patterns.

Over here, standing water and the rivers have still not frozen over. Trumpeter and Tundra Swans are still hanging around and large flocks of Snow Geese, many in their thousands, pass noisily overhead in the mornings as they gradually move south. However, many of our few winter visitors have still not arrived.

#### The peculiar shrike

A short drive out a few days ago however did produce one winter visitor - one that is increasingly becoming rarer - a Northern Shrike. There are two shrikes found in Canada. The Northern breeds further north and moves down to the south in winter, and the larger Loggerhead comes up from the south during the summer. They are curious birds, often referred to as "Butcher Birds", owing to their habit of storing excess food by impaling it on thorns or barbed wire to form a larder.

In the late 1970s I was lucky enough to watch the last breeding Red Backed Shrike in Bucks on the Chilterns. This bird is now virtually extinct as a breeding bird in the UK, but individuals do turn up each autumn on migration, as was the case this year. Great Grey Shrikes appea in the autumn, coming up from the continent and spending winter here, particularly on moorland. However a few years ago one stayed for sometime in the Slapton area. Great Grey Shrikes are almost identical to the Northern and Loggerhead found in Canada. Shrikes are peculiar, preying on a variety of things and being very fond of mice. They have a hooked bill and are like small birds of prey.

A trip to Toronto for Thanksgiving in October enabled me to at last photograph a Cardinal. We don't get them where I live. This was the third attempt but you would not believe how difficult it is to find a bright red bird in a bush two metres away, even though it is calling. It was so named because of the red colour resembling the gowns of the Roman Catholic

The last few days have brought news of "The Boss". He is probably the most famous Grizzly Bear in Western Canada (or at least Banff National







Park). He is massive and is thought to have fathered over 90 cubs during his life so far. He has appeared outside the park in Canmore feeding on berries and apples in people's gardens. As I have said before, in many areas wildlife take precedence and people have not worried about him and have kept out of his way and continued to let him feed up for winter. He is non-aggressive and people like to see and photograph him from a distance. For a few days he was quite a news item, but has now wandered back to his den to hibernate. I wonder how many of us would like to sleep off the winter and wake up in the spring.

However we would miss Christmas, which reminds me to wish everybody a Merry Christmas and a Happy New Year. I wonder how I will find Christmas back in the UK. I won't be hibernating but hopefully will miss some of the snow



8 What's On In Wing December 2024 What's On In Wing December 2024 9





# WING VILLAGE HALL

Doors open at 7pm | Tickets £15\* Bring your own drinks & snacks! Proceeds donated to The Wing Singers community choir

Wing Village Hall, Leighton Rd, Wing. Tickets available to those 16 and over. \*Purchase via wegottickets.com @ £15 each + 10% online booking fee

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7th January 2025

How to bake and decorate a sponge-cake 13th January 2025 Wrh January 2025 How to bake and decorate a sponge cake 20th January 2025

2lst January 2025

27th January-28th January 3rd February-4th February

How to fondant cover a sponge cake

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Two evening course. How to make a red rose topper Two evening course-How to make a red rose topper.



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WHAT'S ON at WING HALL REGULAR ACTIVITIES



MONDAY	Rainbows & Brownies	Small Hall	1730-1830	Carolyn Saunders	01296 688508
	Tai Chi	Large Hall	1100-1200	Norma Collins norma.tai.chi@hotmail.co.uk	07947 672069
All except 1st in month	Badminton Club	Large Hall	1900-2300	Gary Stevens	07769 074570
1st in month	Bingo	Large Hall	1930 start	Malcolm Rickard	01296 688428
	Library		1400-1630		
TUESDAY	Dance Class (adults)	Large Hall	1000-1300	Adrian Marsh	07906 988880
3 <sup>rd</sup> in month	Pop-In (Age Concern)	Small Hall	1330-1600	Janet Ratcliffe	01296 720946
Term time only	Street Dance	Large Hall	1530-1830	Kiri Fitzgerald	07988 161043
2 <sup>nd</sup> in month	Gardening Club	Small Hall	1930-2130	winggardeningclub@hotmail.co.uk	
	Badminton Club	Large Hall	1900-2300	Gary Stevens	07769 074570
Last in month	Parish Council Meeting	Small Hall	1930-2200	wingparishclerk@gmail.com	
Term time only	11+ tuition for years 4 & 5	Library	1705-1915	Rachel Harris hello@rachelharrisprofessionaltutoring. co.uk	
	Library		1400-1630		
WEDNESDAY	Zumba	Large Hall	0900-1000	Gabriel	07459 488547
1st in month	Art Appreciation	Small Hall	1400-1600	Bobbie Ward	01296 681982
Fortnightly	Lunch Club (over 60s)	Small Hall	1200-1400	Sue Nightingale Richard Webb	01296 682999 01296 681516
	Dance Class (adults)	Large Hall	1830-2200	Adrian Marsh	07906 988880
	Table Tennis	Small Hall	1830-2300	Zita Pascoe leightonbuzzardttc@gmail.com	07517 018889
	Library		1000-1230		
THURSDAY	Tots Bop	Large Hall	0930-1200	Rachel Kenning	01525 237474
Term time only	Lacemaking	Small Hall	0930-1130	Bobbie Long	01296 624179
	Yoga	Large Hall	1900-2000	Kim O'Hanlon	07770 450788
3 <sup>rd</sup> each month	Wing WI	Small Hall	1900-2200	Val Fielder	01296 688044
FRIDAY					
2 <sup>nd</sup> each month	Line Dancing	Large Hall	1100-1300	Adrian Marsh	07906 988880
	Library		1400-1630		
	Table Tennis	Large Hall	1900-2230	Zita Pascoe leightonbuzzardttc@gmail.com	07517 018889
SATURDAY	Library		1000-1230		
SUNDAY Term time only	Wing Singers	Large Hall	1645-1915	Angie Varey wingsingers@yahoo.co.uk	07908 653006
Any day	Snooker Club			David Turner	07392 482415

Hall rental charges are in a separate notice in this issue.

CONTACTS Regular bookings Sheila Lambert: 01296 682795 sjlambert49@gmail.com

One-off bookings (parties, weddings etc) Stephen Payne: 07555 722315 stephenpayne3@hotmail.co.uk





With Christmas on its way and excitement building in every household in the village, the all-important planning of Christmas lunch will be on many people's minds!

If you're planning on having beef for Christmas lunch, as your local beef farmer I salute you! My ultimate beef Christmas lunch would have to a Beef Wellington for the special day!

Of course, we all need to eat over the holiday period, and that includes the livestock. The cattle are in the sheds now, and the endless job of keeping them all fed daily is in full flow.

The feeding is done with the mixer wagon, going round keeping all the feed troughs full of food.

The work never completely stops. Inevitably things do go wrong, water troughs can break and cows tend to get themselves in tricky situations, I had a bull stuck in a ring feeder last week, just as I was heading out the door with my three children loaded up in the car, and I was on my own! Luckily with the help of a friend we managed to get him out unscathed!

The lead up to Christmas Day for me usually means a bit more work and planning so the mornings feed can be quicker. The cattle get extra bedding in order to keep them cleaner over the Christmas period. The Christmas Day feed-up is usually a family affair with my three boys all coming out to

reacted negatively to two more tests, and we have to wait 60 days before the first of those

- If you want some 'food' for thought about the food on your Christmas plate here are a few facts.
- Potatoes growers have had a tough time this year, economic pressures and terrible weather has led to the smallest UK crop in recent history.
  - Most UK carrots are grown in Norfolk sands and the east fens. They had a good harvest this year.
  - Parsnips didn't grow well in the wet weather, and ground conditions meant a difficult harvest, with many left to rot in the ground, so don't be surprised if you parsnips this year come from Spain.
  - A turkey takes around 14-20 weeks to grow, and feed for a typical family-sized bird cost around £16 this
  - And love them or hate them, Brussel sprouts should have been all harvested by now and they are set to have a good harvest! But one hectare costs a farmer £5000 to grow!

As I write this, I'm preparing to travel to London to the protest led by many farmers on the new budget and the taxation on family-owned farms. I'll let you all know next month how it went.

I hope you all have a good Christmas.



We're currently dealing with the extra challenge of a TB shutdown. In Bucks, we have to test all our cattle for bovine TB once every 12 months, and must be tested within 60 days of moving from a holding. If just one animal reacts positively to a TB test, nothing can move off the farm until the animal has



1.45-3.45 WING SMALL HALL

### hristmas party!

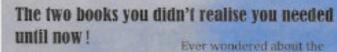
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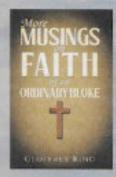
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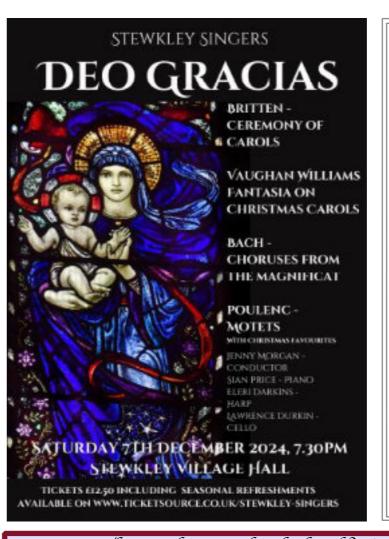
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The mad cat & dog lady of Wing, MBE, invites you to a.....



## Barn Dance

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## At Wing Village Hall

8<sup>th</sup> February 2025 7pm for 7:30pm start

Tickets £20, to include a hog roast (bring your own drinks and nibbles) Tickets from: Vicky (07504 426203) or Claire (07788 850753)

#### Raffle and Bottle Tombola (donations of these welcome)

To raise funds for CAT WELFARE, Luton and a DOG SANCTUARY in Turkey supported by Sheila Lambert.

Sally at Cat Welfare is snowed under with the constant demand to help cats and kittens. She needs money to buy food and pay vet bills. She does a wonderful job!

Sheila says that the plight of dogs in Turkey is dreadful and never-ending.



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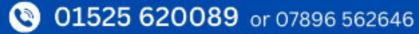
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### **PROGRESS at WING COMMUNITY WOOD**



Wing folk have been curious about the construction work under way on the Soulbury Road, at the entrance to what will be the new Wing Community Wood. The work will provide the main forestry management access point for the wood. A tarmac surfaced entrance will lead to a stone track providing works access through the length of the site. We asked Naomi Proudlove, Buckinghamshire Council's Senior Woodlands Creation Officer, for an update.

Net Zero campaigners will be disappointed that an application to build a solar farm in Ledburn has been refused. Buckinghamshire Council's planning officers recommended approval by the committee, but the Councils' own heritage team pointed out that the solar farm would have an impact of varying degrees of harm to no fewer than 25 nearby heritage assets. Residents concerns on those grounds were shared by the committee, who turned down the application. Many local people will recall a proposal, made some years ago, for a new road across the same landscape. Driven by similar fears, the resulting overwhelming opposition was led and generously funded by Sir Evelyn de Rothschild himself, who shared his neighbours' regard and respect for heritage and



refreshed signage in Spring ahead of 'official' opening in 2025.

Wing Community Wood is a new 51-hectare woodland leased to Forestry England by Buckinghamshire Council. The Community Wood is intended to be an inspiring green space for local people, a valuable habitat for wildlife and a sustainable source of timber. With funding support of £50,000 from British Airways, more than 130,000 trees have already been planted.



British Airways contributed a further £10,000, topped-up by almost £1000 of public donations, to fund a wildflower meadow within the Community Wood, due to be planted last Spring. The meadow will be a spectacular feature as it establishes. Paths alongside will allow visitors to get close up when they are exploring the woodland.

Forestry England will also create five new wildlife ponds, and a community orchard.

Wing Community Wood will provide new recreational facilities which may enhance people's health and well being. The whole site will be accessible to the public. Forestry England are seeking a balance between public access for enjoyment and quiet areas for nature to flourish and for that reason access on foot is encouraged. The nature of the site is intended to encourage people to walk to the woods rather than drive, so there no plans yet for car parking. To maximise access for all, a link will be provided to Long Spinney. There are also two footpaths through the site that will remain. Forestry England will create accessible paths for walking, cycling and riding. Perimeter paths will be provided and a central sinuous ride will be accessible to all users.





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## TALKING D&G

#### Safety at Christmas



So, here we are at the end of another year. I hope that you have had fun with your dogs over the past 12 months and that these articles have been of interest to you all. Should you wish me to cover any particular areas on dogs, feel free to let the editors know, as they are happy to pass on your comments. Next year we will be covering different

breed types and more fun facts about our four-legged friends, but there is always space for some suggestions.

I know that this is something that has been covered before but its always good to refresh ourselves on some of the dangers that present themselves at Christmas.

The usual Christmas treats like grapes, raisins, walnuts/macadamia nuts and chocolate are toxic to animals - did you know that it takes as little as 25 grams of chocolate to poison a 20kg dog? So don't share your mince pies, Christmas cakes or Advent calendars with your furry friends. The artificial sweetener, Xylitol, is

found in many of the sweet treats that we love at Christmas. Xylitol is highly toxic to dogs. Alcohol is also toxic to animals - so no sharing !! Also be aware that any cooked bones have a tendency to splinter when eaten by a dog. These can then get lodged in the throat or further down the digestive tract and result in a very costly trip to the vets.

Christmas trees are great and we all enjoy the lights, decorations and chocolates - all of which can pose a problem for our dogs. Some live Christmas trees can release toxic sap into the water reservoir that smells tasty to dogs. Therefore make sure that this is safely covered so that our pets cannot reach it. Lights, baubles and tree chocolates are also

interesting to animals and can be dangerous if eaten or chewed, so remember to supervise your pets when they are around the tree.

Popular Christmas plants, for example, holly, mistletoe and poinsettia, are poisonous to animals. Keep them well out of reach.

Our children's toys may also pose a problem, especially if they contain batteries that could be chewed. Young dogs are naturally inquisitive so will be interested in the excitement of the children playing with their new gifts.

Remember - The Dog's Trust slogan 'A dog is for life, not just for Christmas' is 37 years old, and a very important message to us all.

I would like to wish everyone a very Happy Christmas and all the best for 2025. Have a safe Christmas with all your pets - and have fun.





What's On In Wing December 2024 19

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#### REMEMBRANCE SUNDAY

It was a joy to see such a good turnout for the Remembrance Service held at the church. Thank you to all those involved in the organisation of the event, the community youth groups for the parade and all those who laid a wreath on behalf of our schools and local clubs. We were happy to see that the cleaning and restoration of the memorial, which was commissioned by the Parish Council, happened in time for the event.

#### **Parish Council Contact Information**

For more information, news and updates from the Wing Parish Council, please find us on: Facebook @wingparishcouncil or visit our website <a href="https://www.wingparish.org">www.wingparish.org</a>; Instagram @wingparishcouncil; Email: wingparishclerk@gmail.com.

20 What's On In Wing December 2024



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#### EAT, DRINK AND BE MERRY!

Time to get ready,
Put on your best suit,
Work has finished for the day.
We are going to a Christmas party
Where the beef is free
And the ale is hearty,
And we'll dance our cares away.

Wing Brass Band will play,
And we shall all sing
And play games, both young and old.
In the Pavilion of Ascott Estate
There's good company We can celebrate
And forget about the cold.

We'll each receive gifts,
Warm garments and sweets,
From our most generous boss,
Who, at 7 o'clock, will take his leave,
But let us carry on,
Happy, we believe,
That the treat is worth the cost.

Soon, on Christmas Day,
Wing Church will be full,
There will be carol singing.
The whole village will gather to rejoice
'Neath the angel roof,
Happy to give voice
And hear the joy bells ringing.

© Sally 14.11.2024

Leopold de Rothschild and his wife used to give an annual party to Ascott Estate workers and their families. In 1879 they also gave beef and one-hundred weight of coals to every family in Wing, Burcott, Littleworth and Ascott.

## CHRISTMAS



## **MASTERMIND**

- 1. In what country did the tradition of putting up a Christmas tree originate?
- 2. In the movie "Die Hard," what is the name of the building that is taken over by the bad guys on Christmas Eve?
- 3. What is the traditional Christmas drink made from eggs, milk, and nutmeg?
- 4. In the classic film "It's a Wonderful Life," what is the name of the town where George Bailey lives?
- 5. In which country did the tradition of sending Christmas cards begin?
- 6. Who played the Grinch in the 2000 live-action adaptation of "How the Grinch Stole Christmas"?
- 7. Which of Santa's reindeers shares its name with a celestial object that orbits the sun?
- 8. In the movie "Elf," what is Buddy's favourite kind of pasta to put on his breakfast cereal?
- 9. Who wrote the classic story "A Christmas Carol"?
- 10. In "A Christmas Carol," what are the names of the three spirits who visit Ebenezer Scrooge on Christmas Eve?
- 11. In what country is fried chicken often eaten on Christmas day?
- 12. In "Home Alone," what are the names of the two burglars trying to break into Kevin McCallister's house?
- 13. What is the traditional colour of Santa Claus's suit?
- 14. Which 1994 Christmas movie features a young boy who receives a magical ticket to the North Pole on Christmas Eve?
- 15. Who tried to make Christmas illegal in England from 1647 to 1660?
- 16. In the film "The Nightmare Before Christmas," what is the name of the Pumpkin King who discovers Christmas Town?
- 17. Which of Santa's reindeers is named after the German word for thunder?
- 18. What is the main objective of the characters in the movie "Four Christmases"?
- 19. What is Wassail?
- 20. Who directed the 2004 film "The Polar Express," based on the children's book of the same name?

#### **ANSWERS**

With apologies to Clive Myrie and the BBBC

11: Japan 12: Harry and Marv
13: In the very first depictions of Santa Claus, his outfit was a tan/brown colour.
14: The Polar Express 15: Oliver Cromwell. 16: Jack Skellington 17: Donner
18: To visit all four of their divorced parents' homes to celebrate Christmas
19: A type of hot spiced cider/mulled wine 20: Robert Zemeckis

1: Germany 2: Nakatomi Plaza 3: Eggnog 4: Bedford Falls 5: England 6: Jim Carrey 7: Comet 8: Spaghetti 9: Charles Dickens 10: Chost of Christmas Past, Ghost of Christmas Present, and Ghost of Christmas Yet to Come

TH	ΕN	IIG	HT	BI	EFC	RF	Cl Cl	HR	IST	MA	S	VC	RE	SE	AR	CF
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F	J	т	A	X	м	0	F	Z	A	E	R	L	E	X	N	N
S	Α	N	Т	A	U	X	N	N	A	E	1	1	L	1	M	Z
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#### CODEWORDANAGRAM

sleigh

cookies

crackers

christmas pie

snowman

Solution s p38

snow

Complete the puzzle, then use the letters from the solution to solve the Christmas anagram

christmas

pudding jinglebells

nativity

stocking

holly

christmas tree

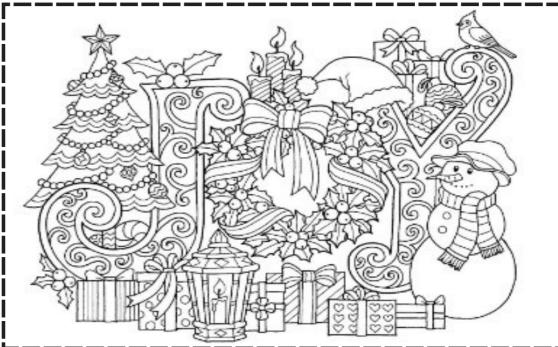
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presents

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#### Add the anagram letters here

1 7	7	9	15	16	21	21	24	24	26	



Christmas colouring competiton

Get out those coloured pens and start work on this crazy Christmas colouring project. It'll take you hours. When you've finished, cut out the completed picture, and drop it in at 12 Overstone Close, before the closing date of 15th January. You could win a £10 gift youcher!

We'll announce the winner in our February 2025 issue 2025.

## **Spot the Christmas difference**

Can you spot the differences in Picture B See if you can identify all 20 - and check if you're right on page 46





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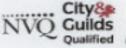


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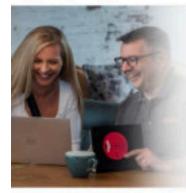




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Although December is supposed to be jolly, sparkly and full of fun, the run up to Christmas can be extremely stressful for many reasons. So what can you do to make life a bit easier for yourself, so that you don't get too stressed and burn out before the big day?

Set realistic expectations: It's okay to have an idea of how you want Christmas to be, but it's important to be realistic about what you can expect, and what you're able to achieve. Social media can make everyone's lives look a lot more exciting than they actually are, so try to take things you see online with a pinch of salt.

Prioritize: It's alright to say no to things that aren't a priority for you, especially if you're on a budget. Don't feel like you have to do things just because other people are.

Plan ahead: Make an action plan to help you find time for all the things you want to do. Plan when you're going to do Christmas present shopping, food shopping, and also plan in the fun stuff too.

**Self care**: Don't forget to take care of yourself. It's a busy time of year and you need to make sure that you're getting some down time too. Make time to exercise, go for a walk, read a book or just sleep!

**Set boundaries**: It's okay to set boundaries and not try to please everyone, particularly on the big day. Do what works for you and your

Ask for help: Don't be afraid to ask for help if you need it. Ask your partner, children, friends or family for help with the things that you're worrying about or struggling to get done. People don't mind being asked for help, and they will only say no if they can't.

Be understanding: Christmas can be especially difficult for people who are grieving the loss of someone or who are going through things in their lives. Try to be understanding of others, as you never know what people are dealing with.

Wishing you all a happy and healthy Christmas and New Year. See you in the January issue.

Natasha is a Wing resident, personal trainer, fitness instructor and nutrition coach.



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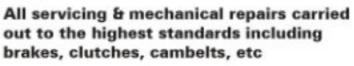


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#### Christmas Greenery

When I was a child, pine was the smell I associated with Christmas. We were not allowed to put up a tree until Christmas Eve as it was considered bad luck, so when I came downstairs on Christmas morning, the pungent perfume of pine filled the room as the crackling coal fire warmed the needles and released the oil. Because of that memory I could never relinquish my real tree for an artificial one.

Why do we have Christmas trees? Most people know that Queen Victoria's husband, Albert, brought the tradition with him from Germany. But bringing greenery into the house for the festive season goes back much further than that.



December 21st is the winter solstice in the northern hemisphere and is the shortest day and longest night. Since neolithic times the solstice has been celebrated as the time when new life is beginning to stir in the earth, as the days get longer and there is a promise of new growth to come. We have Stonehenge where people to this day celebrate the solstice. The Romans called the festival Saturnalia, which was the biggest celebration of the year when people brought greenery into their homes. The solstice has been a major festival in many parts of the world of all faiths, mostly involving greenery in the celebrations.

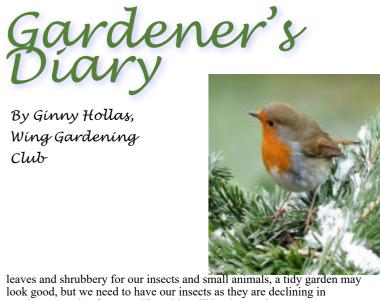
One of the oldest references to a tree being part of Christmas celebrations is a reference from the Cistercian Monks in Portugal in the 15th century: "Note on how to put the Christmas Branch. On the Christmas eve, you will look for a large Branch of green laurel, and you shall reap many red oranges, and place them on the branches that come of the laurel, specifically as you have seen, and in every orange you shall put a candle, and hang the Branch by a rope in the pole, which shall be by the candle of the high altar."

There is another lovely story about lighting on the tree. A man was travelling home on a starry night and saw the stars twinkling through the evergreen trees, thinking it so lovely that he replicated it with candles on his Christmas bough. I must say I like a tree with just lots of little whiter

#### The Garden in December.

It is not dead, there will be flowers to keep winter bees fed, hellebores, ivy, sweet smelling winter box, winter aconite and even the evergreen clematis. If you can introduce any of these into your garden it will be a great help to our declining bee population. If you do venture out into the cold air to do some tidying, remember to leave overwintering stems,

Wing Gardening Club meets on the second Tuesday of the month in Wing Village Hall. For further information e-mail winggardeningclub@hotmail.co.uk



leaves and shrubbery for our insects and small animals, a tidy garden may look good, but we need to have our insects as they are declining in numbers at such a fast rate. The robin will be there to keep you company, hoping you dig a worm for him.

If you are home in the warm, get some seed catalogues and decide what you will attempt to grow next year, as the time for sowing seeds is not far away - so be prepared.

Have a good Christmas.

By Ginny Hollas,

Wing Gardening

Club



For those who you who have not yet bought your tickets for Matthew Biggs' talk in the village hall on 10 December, get in touch with the Gardening Club now at: winggardeningclub@hotmail.co.uk.

#### **Childhood Wartime Memories**

We learnt to write by having a ruled notebook which contained an example of each letter, written by our teacher, which we had to copy by filling every line on the page.

The lesson I enjoyed most was bookbinding, which involved stitching and hot glue! It's unbelievable today, but we were well supervised and helped. The cover was especially rewarding as it involved randomly spreading coloured oil paints on the surface of a tray of shallow water, then stirring gently before laying white card on the surface and instantly removing it. This produced a pattern often found on ledgers and similar book covers. No doubt this was to provide stationery to help reduce costs to the school.

School lunches were called dinners. We were marched to the end of the village to the British Restaurant until we had our own kitchen, where we had different meals each day of the week. There was no choice and it always had the same awful smell whatever was being served.

There was television before the war, but it was not broadcast again until after the end of hostilities. My uncle had a Cossor floorstanding cabinet which just stood there during the war. We were told that when working it was like radio with a cinema picture! The first programme I saw was BBC news read by Mary Malcolm, who was the daughter of Lord and Lady Malcolm from Walton on the Hill in Surrey. I only know this because my mum lived nearby.



Graham Banfield



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### December - and it's all things Christmassy!

FREE: Christmas Crafts in the library

Monday 9 December 2 - 4.30pm

Run by staff from Wing Family Centre

Refreshments available



Our Christmas tree
will be up and
Christmas books
for all ages will
be available
during December

The library will be closed on the following dates over the holiday period: 24<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup>, 27<sup>th</sup>, 28<sup>th</sup> Dec; 1<sup>st</sup> Jan 2025

#### **Opening Times**

Monday 1400 - 1630

Tuesday 1400 - 1630

Wednesday 1000 - 1230

Thursday CLOSED

Friday 1400 - 1630

Saturday 1000 - 1230

Library Elf is a FREE
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you to avoid fines when
items are due for return
or renewal. Sign up here:
buckinghamshire.gov.uk/librari
es/library-membership/getemail-alerts/

Books: children's board, picture, chapter, and non-fiction;

adult fiction, non-fiction, biography; young adult, audio, large print

Office: Photocopying, Printing, Internet, Scanning, Laminating

Other: Local history, information, and themed displays

Go to https://www.buckinghamshire.gov.uk/libraries/ to gain access to the library catalogue and FREE digital resources. Find us on social media at:@wing.community.library







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WEAVERs (price £10 each) are made from sturdy dark blue denim and lined with brightly coloured fabric from which the "across the shoulder" strap is made. A handmade woven braid decorates the the flap covering the Velcro fastening. A pocket on the back of the bag stores the strap when not in use.



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## Crossword solution O Y M K H A N A O H I C

#### Codeword solution

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### Sudoku solution

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I	2	4	9	5	7	3	8	1	6
	5	3	1	4	8	6	7	2	9
I	3	9	2	1	4	5	6	8	7
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#### Wordsearch solution



#### Codewordanagram solution

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**GINGERBREAD** 





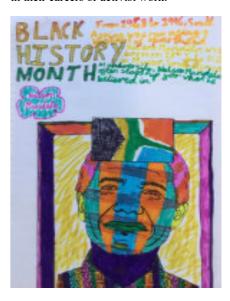
### **Celebrating Black History Month** at Overstone Combined School

history month each year. For one week of this, Overstone Combined School joins this celebration. This year, the theme for Black History Month was titled 'Reclaiming Narratives'.

This year's theme marks a significant shift towards recognising and correcting the narratives of Black history and culture. By emphasising this theme, we are able to shine a brighter light on stories, allegories, and histories that stress our commitment to correcting the many historical inaccuracies and showcasing the untold success stories and the full complexity of Black heritage. At Overstone Combined School we embraced this theme by becoming familiar with significant individuals across history and through close studies of different countries and their history and heritage. In doing this, children have been exposed to cultures and historic events that they otherwise may not have been made aware of.

The country study has also allowed children to break any stereotypes about some African countries that they may have had. For example, children in one class compared the city of Nairobi and the city of London and the children were able to spot the many similarities between the two. After many discussions and lessons, with the use of real-life examples and photographs, children's knowledge has since been reflected in a range of age-appropriate work such as art and through collating information into a presentation. One class used a specific art technique to create pictures of their chosen significant individual, while another class used Google slides to present the information that they learned.

In the month of October, the UK celebrates black The children at Overstone Combined school now have a greater understanding of the importance of celebrating Black History and its importance, in addition to now having a deeper knowledge of significant figures in history such as: Nelson Mandela, Wangari Maathai and many other people from Africa or the Caribbean who have had a positive impact on life today and who broke barriers in their careers or activist work.





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or intricate crothic flowers are politicated? We will look closely at the correptionities of extre of the plants that give

bilats. Stopping in the Amazon confident to study the 'Grant Water Lily (victoria anaconica) with the larges uses in the world. In the Philippines we discover how humminglands help exist. Turoft Gingers in survive for

#### 'In The Ditch' from Wing Village Bowls Club



We are well into the Close Season and Short Mat and Indoor Bowls are continuing so that we can keep our hands in and our creaky knees from stiffening up until next April. At Wing Village we do need to keep working on our bowling as our annual outing to Potters in Norfolk was another resounding losefest'. We did this year however manage to win some matches, so we are at least improving! Aside from the bowls; the rest of the week was spent doing pottery, swinging from a huge swing, drinking, eating, quizzing, silent discoing and thoroughly enjoying ourselves. Wing Village also introduced their opposition teams to our fines system for a wrong bias or swearing out loud (the money collected goes towards our charity which this year is Sponsoring a Guide Dog Puppy). One team who subsequently went on to play in the final, although only being fined 50p, donated £20 towards the cause. That's how lovely Bowlers are.

Our Toasty Games mornings are continuing, Fridays 11.00 - 1.30. We could open as Community Warm Space, but we have minimal heating until the electrical supply is upgraded and we can use the heating full blast. That doesn't sound very welcoming, but if you're passing please pop in for a cup of coffee and something toasted. You'll be guaranteed a warm welcome and let's face it the more bodies in the clubhouse the warmer it will be.

Our AGM was held in the middle of November. On balance it was a good season for Wing with us winning 47% of our friendly matches, retaining the Spooner and Bread Pudding Trophies and finishing in the top half of the Ray Keen league. The Vixens fared slightly better winning, 75% of their matches and their cream teas were scrummy.

During the year we raised £1,100 for Target Ovarian Cancer with our Coffee Morning and Race Night, and over £1,000 for club funds with our Quiz and Christmas Jumper Race Nights, an amazing feat considering we only have 32 members. We also commemorated D-Day 80 with a 40's themed evening.

Our Chairperson Ray Anderson and Vixen's Captain Sheila Greenwell are stepping down and their replacements are two villagers, Mark Smith as Chairperson and Gail Trew as Top Vixen. We would like to thank Ray and Sheila for their hard work and service to the club and long may they continue to enjoy playing bowls.

Finally, may we take the opportunity to wish you all a:

Merry Christmas and Happy New Year!

40 What's On In Wing December 2024



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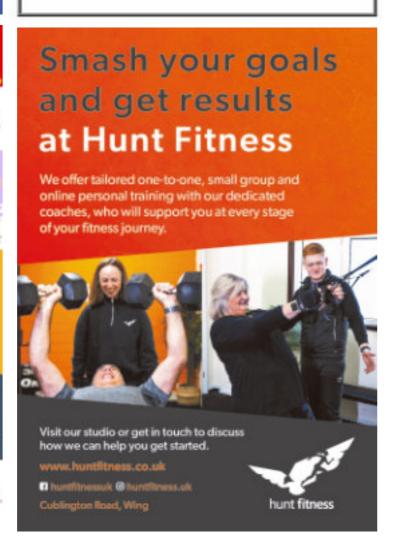


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We are grateful to all our advertisers, without whose support it would not be possible to print and deliver a free copy of What's On in Wing to all households in Wing each month.

Potential new advertisers need to contact Jacqui at advertising@whatsoninwing.info before noon on 5th of a month, to guarantee space being available for them in the following issue. Advertising rates etc can be found at the back of this issue.

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#### **All-Age Carers Strategy**

Buckinghamshire Council has been working with unpaid carers and professionals to understand about their caring experiences and what matters most to carers. This feedback has been used to help shape Buckinghamshire's new 'All-Age Carers Strategy'.

They now want to hear from unpaid carers, professionals and residents to ensure the identified priorities are the right ones and understand if there is anything else they should be focusing on in the strategy. Your views will help them understand how they can further improve their offer to carers and ensure carers have the support they need to carry out a caring role. Whether you are a young carer, an adult carer, or an elderly carer, your input is crucial in shaping the future of carer support services in

The consultation, including the printable survey and address for posting it, is available via: buckinghamshire.gov.uk/all-age-carers-strategy

The consultation is live and will close at 11:59pm on 15 December 2024.

After the consultation period, all feedback will be carefully reviewed and integrated into the final Buckinghamshire Council All-Age Carers Strategy. Once adopted, the strategy will include an action plan to implement and drive forward improvements for carers.



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#### We want your news!

What's On in Wing is a monthly magazine that has interest for everyone in Wing.

Pleaqse send us news about your activities, your hobby club, sports club or social group in the village. We'll include your news contribution - and don't foget photographs, free of

Just email your contributions, no later than noon on 15th of any month, to: editorial@whatsoninwing.info

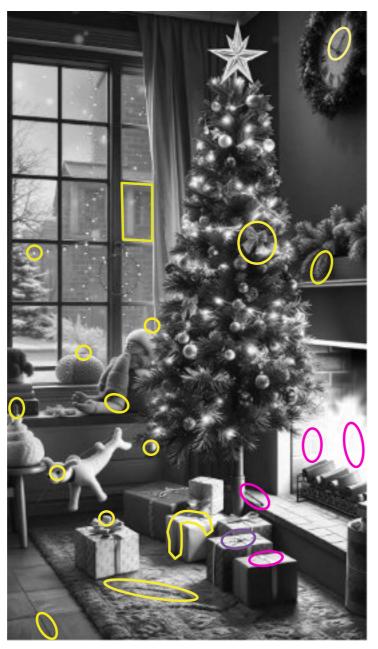
#### Don't Forget!

Wednesday 4 December is the last garden waste collection this year (see page 51 for all bin collection dates).



#### SPOT THE DIFFERENCE SOLUTION

If you spotted between 10 and 15 n differences, well done. You're normal. Between 15 and 19? Hmm. You're the kind of person who notices odd socks and likes tidy desks. You spotted all 20? Well, bonus points for being a smarty-pants.





from Elaine Morris Morris of Hoggeston at Wing Thursday Market

#### **Beef Carbonnade**

#### **Ingredients:**

Oil for frying

250g British bacon

2 onions, sliced

1kg British chuck/shin steak - trimmed/cut into chunks

3 tbsp plain flour

2 crushed garlic cloves

1 tbsp tomato purée

1 tbsp Dijon mustard

1 x 330ml bottle dark beer

400-500ml beef stock 4 fresh thyme sprigs

2 bay leaves

2 tbsp dark brown sugar

Fry the bacon & onions until softened - set aside and brown beef all over, then set aside.

Stir the flour into the onions, then add the beef and any juices, garlic, tomato purée, mustard, beer, 400ml stock (enough to cover the meat), herbs and sugar.

Bring up to a simmer, then cover with the lid and cook in the oven 150C/ 130Cfan/gas 2, for 2½-3 hours until the meat is tender.

Remove bay leaves and thyme, serve with chips, mash or crusty bread and seasonal vegetables.

#### Send us your favourite recipe!

We know there are enthusiastic and capable cooks in Wing, so if you are one, please send us a recipe that we can use. It doesn't have to be 'seasonal' as favourites are always going to be welcome! **Send your recipe to: editorial@whatsoninwing.info** 





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## OUTGABOUT Walk and photos by Arthur Jones

#### **Furzton Lake**

This a short and pleasant walk, all of which is on hard standing or metalled footpaths and suitable for all weathers. Ideal for a winter morning walk or a stroll on a summer evening.

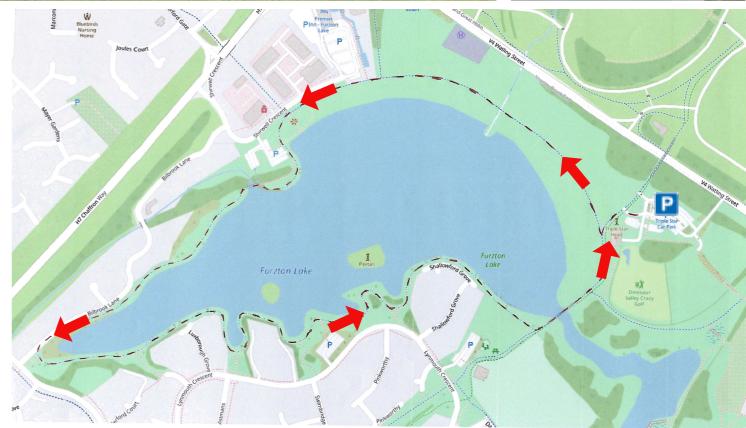
#### 45mins

Approx 1.5 miles (2.4 km) Map: © OpenStreetMap contributors (Equivalent OS Explorer map: 192) NB: streetmap.co.uk will enable you to print off a map with footpaths and field boundaries.



- ▶ Park in Furzton Lake Car Park off Watling Street, located on the left just past Roni's Express Car Wash heading in the direction of The National Bowl.
- Leave the car park in the direction of the lake, with the Triple Star sculpture on the left.
- Turn right on to the circular footpath route for 1.5 miles, staying close to the lakeside, crossing over the wide footbridge over the lake towards the end of the walk.
- Leave the footpath at the Italian Sul Lago restaurant and return to the car park.





at Wing Family Centre







Sessions are free to attend

On the site of Overstone Combined School, Church Street, Wing, LU7 0NY





## Babysitters



The following young people\* have offered to babysit:

Name	Born	Contact
Tilly Forrest	Dec 2007	07854 918457
Jemima Pye Emma Wrighton-Ward	Jan 2008 1 May 2008	07840 944111 07877 198591

\* The inclusion of a name on this list is neither a recommendation nor an endorsement by the What's On in Wing team.

\_/\_

N.B. If you would like your name included on this list, please email editorial@whatsoninwing.info with the same information shown above (please only do this with the approval of your parent or guardian).

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THE NATIONAL

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The National Lottery is another service we provide, as well as PayStation for your top ups, gas and electricity keys.

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https://3whealth.co.uk

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#### **BIN COLLECTION IN WING**

Garden, Food, Recycling Wed, December 4, 2024

Food, Waste

Wed, December 11, 2024

Food, Recycling

Wed, December 18, 2024

Food, Waste

Fri, December 27, 2024



## **F F**

#### YOUR STARS

for **December** by Maggy La Grenouille,

SAGITTARIUS Nov 22-Dec 21 Anne Boleyn was Capricorn. Hence UK monarchs having an official birthday, to ensure no one-for-two Christmas/birthday prezzies scams. Shame you're not royal.

**CAPRICORN Dec 22-Jan 19** Like a goat, you're agile, sure-footed, with lightning reflexes. You'll

need those gifts around the 30th, when they'll ask if you'll taken them to Ikea.

**AQUARIUS Jan 20-Feb 18** Christmas can be one of the busiest times of year for you. Take heart. You can slow down a bit until Easter. Not.

**PISCES Feb 19-Mar 20** You will come into funds around the middle of the month. On the floor. Somewhere near the till, at Morrisons.

ARIES Mar 21-Apr 19 Now is the time to say 'no more mister - or madam - nice guy'. Brace up. Stand up. Look up. Give in. As usual.

**TAURUS Apr 20-May 20** Between 27<sup>th</sup> and 30<sup>th</sup>, you'll experience an unusual wobbling sensation, coupled with voices telling you to do things you don't want to do. Like taking stuff to the tip.

**GEMINI May 21-Jun 20** Proceed with caution in a couple of week's time. You may be offered a job at the Post Office. Whether as CEO or sub-postmaster, do not expect new Horizons.

**CANCER Jun 21-Jul 22** Take care this month. You must try to be prepared for the unexpected. Problem is, it's unexpected, so you can't actually prepare for it.

**LEO Jul 23-Aug 22** You've not been sleeping well? This month, get off the couch, turn off daytime TV and go to bed at night, instead, like everyone else.

**VIRGO Aug 23-Sep 22** Go carefully, around the 19<sup>th</sup>. Endymium is due to granulate with Auchterlonie, and Spandex is expected to prolapse in the seventh house. Don't say we didn't warn you.

**LIBRA Sep 23-Oct 22** Didn't think you had acting and singing talent? You may be offered a part in the pantomime. Please, don't take it. You were right.

**SCORPIO Oct 23-Nov 21** Sport is your thing, this month. You are so competitive! So focussed! So driven! You're unbeatable, unstoppable! Is it surprising no-one actually likes you?

## HOW TO ADVERTISE IN WHAT'S ON IN WING IN PRINT and ON-LINE! HOW TO CONTACT WHAT'S ON IN WING

What's On in Wing is published once a month. 1,400 copies are delivered to households, shops, pubs and public buildings in the parish of Wing, and public buildings in neighbouring parishes. It's also available on-line at: whatsoninwing.info.

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What's On in Wing has always represented great value for money. Our advertising rates reflect our wide circulation, colour printing and the inclusion of the on-line version (which in fact gives your advertising *global* reach). The on-line version of your ad links directly to your own website, at no extra cost.

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Eighth page	95	66	£10.00	£8.00
Inside front cover	195	270	£40	£35
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#### Advertising

For advertising enquiries and bookings, contact Jacqui Wakefield at: advertising@whatsoninwing.info

The absolute deadline for reserving or cancelling advertising space is noon on the 5<sup>th</sup> of the month preceding publication. Please supply your advertising artwork by email to Jacqui - as a .jpg file - and to the sizes shown in the adjacent table. We cannot accept any other kind of artwork.

#### **Editorial and News**

To submit editorial or photographic material, contact Lance Redler at: editorial@whatsoninwing.info

The absolute deadline for all advertising and editorial content is noon on the 15<sup>th</sup> of the month preceding publication. Credit or refunds cannot be applied when artwork is provided after the deadline. Unfulfilled bookings will be charged at cost.

#### Accounts

For payments or accounts, contact Carmen James at: accounts@whatsoninwing.info

#### Distribution, Other Enquiries

The distribution of copies to dwellings etc is coordinated by Gail Trew: 01296 688520 or gail.trew@btinternet.com. General enquiries can be addressed to admin@whatsoninwing.info.

#### **Advertising and Editorial Policy**

The views and opinions expressed in editorial contributions do not necessarily reflect the views of the publishers of What's On in Wing, nor does the inclusion of any advertisement or news item represent endorsement by the publishers. We are neutral and impartial, but we reserve the right to edit material to fit the available space, or to decline publication of material, at our discretion.

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